

Sail Newport is a non-profit community access sailing center in Newport, Rhode Island - the largest in New England, and a member of the [NSHOF National Consortium on Learning Math & Science through Sailing](#). Their goal is to attract new sailors to the sport.

This video, "What Do You Stand For?" demonstrates that, through programs like Sail Newport's, sailing is a sport... no, a lifestyle... that's accessible to everyone from ages under 8 to over 80, and that you don't need a lot of money to sail.

For more information on Sail Newport, visit their website - www.sailnewport.org.

About 3 minutes.